

Freka® Nasojejunal Tube

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Freka® Naso-jejunal tube. It has been inserted into the jejunum via the nostril and GI tract.

> Initial Care:

- Ongoing confirmation of tube position should be carried out as per local/hospital policy.
- Secure to face with appropriate dressing (as per local/hospital policy). This should be replaced as required. Take care not to disturb the tube positioning.
- Mark exit site and record measurement as this can be used to provide a visual check of tube position.
- Water/feeding is usually commenced 6-12 hours after placement or can be commenced after tube placement is confirmed. Refer to individual feeding regimen.
- If patient complains of pain or there is localised swelling, stop feeding and report to your healthcare professional.
- Flush tube 4-6 hourly with water (as per local/hospital policy). This does not need to be done through the night.

> Daily Care:

- Hygiene is of the utmost importance as the tube is in the small bowel; here there is no acid barrier as protection.
- Ensure tube is secured and replace as required.
- Flush with water (as per local/hospital policy) before, during and after enteral feed and medications.
- If patient has any feed related problem (e.g. pain, bloatedness, sickness), inform your healthcare professional.
- Flush tube 4-6 hourly with water (as per local/hospital policy). This does not need to be done through the night.
- If tube becomes blocked use warm/carbonated/soda water and refer to local/hospital policy if applicable.
- **Do not** flush using force. If tube remains blocked inform your healthcare professional.
- If tube becomes displaced (dislodged out of place) do not use tube and inform your healthcare professional.

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