

# FRESUBIN® 1200 COMPLETE TUBE FEED



## DESCRIPTION

An unflavoured liquid consisting of protein (milk), fat (rapeseed oil, sunflower oil, and fish oil), carbohydrate (maltodextrin), dietary fibre (wheat dextrin, inulin, cellulose), vitamins, minerals and trace elements.

## PRESENTATION

Nutritionally complete 1.2 kcal/ml tube feed, with fibre. Contains 20% energy from protein. With fish oil. Lactose and gluten free. Suitable as a sole source of nutrition. Available in a 1000ml EasyBag (1500ml EasyBag available as Fresubin®1800 Complete).

## CONTRA-INDICATIONS

FOR ENTERAL USE ONLY  
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA  
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS

## PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION  
ENSURE ADEQUATE FLUID INTAKE  
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE  
MONITOR FEEDING RATE  
DO NOT MIX WITH DRUGS  
DO NOT USE IF BAG IS DAMAGED OR SWOLLEN OR CONTENT IS COAGULATED

## INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with increased protein and low energy needs.

Food for Special Medical Purposes.

Prescribable on FPI0/GPI0 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

## DOSAGE

To be determined by a healthcare professional according to patients' needs. For complete nutrition  $\geq$  1000 ml (1200 kcal)/day and meets the average adult recommended daily requirements for vitamins, minerals and trace-elements\*.

\*For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011.

## STORAGE

Store at room temperature.  
Once opened use within 24 hours  
Shake well before use

## SHELF LIFE

12 months from date of manufacture.

## ENERGY DISTRIBUTION

Protein 20%  
Fat 30%  
Carbohydrate 47%  
Fibre 3%

## ORDER CODES

1000ml EasyBag 7008231

## INGREDIENTS

Water, maltodextrin, edible sodium caseinate (from milk), vegetable oils (rapeseed oil, high-oleic sunflower oil), inulin, edible calcium caseinate (from milk), wheat dextrin, potassium citrate, cellulose fibre, sodium citrate, fish oil, calcium chloride, emulsifier (soya lecithins), choline chloride, sodium chloride, calcium phosphate, magnesium oxide, acidity regulator (E 330), vitamin C, stabiliser (E 452), ferric diphosphate, zinc sulphate, niacin, manganese chloride, vitamin E, pantothenic acid, thiamin, cupric sulphate, sodium fluoride, riboflavin, vitamin B<sub>6</sub>, vitamin A,  $\beta$ -carotene, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, biotin, vitamin K, vitamin D, vitamin B<sub>12</sub>.

| NUTRITIONAL COMPOSITION                | Per 100ml   | Per 1000ml  |
|--|-------------|-------------|
| ENERGY kcal (kJ)                       | 120 (508)   | 1200 (5080) |
| PROTEIN g                              | 6           | 60          |
| CARBOHYDRATE g                         | 14          | 140         |
| Of which sugars g                      | 1.17        | 12          |
| Of which lactose g                     | $\leq$ 0.04 | $\leq$ 0.4  |
| FAT g                                  | 4.1         | 41          |
| Of which saturated fatty acids g       | 0.3         | 3           |
| Of which monounsaturated fatty acids g | 2.8         | 28          |
| Of which polyunsaturated fatty acids g | 1.0         | 9.8         |
| Of which EPA and DHA g                 | 0.05        | 0.5         |
| FIBRE g                                | 2           | 20          |
| SALT g                                 | 0.38        | 3.8         |
| WATER ml                               | 80          | 800         |
| OSMOLARITY mosmol/l                    | 345         |             |

| MINERALS AND TRACE ELEMENTS | Per 100ml | Per 1000ml  |
|-----------------------------|-----------|-------------|
| SODIUM mg (mmol)            | 153 (6.7) | 1530 (67)   |
| POTASSIUM mg (mmol)         | 223 (5.7) | 2230 (57)   |
| CHLORIDE mg (mmol)          | 137 (3.9) | 1370 (38.6) |
| CALCIUM mg (mmol)           | 85 (2.1)  | 850 (21.2)  |
| PHOSPHORUS mg (mmol)        | 73 (2.4)  | 730 (23.6)  |
| MAGNESIUM mg (mmol)         | 30 (1.2)  | 300 (12.3)  |
| IRON mg                     | 2         | 20          |
| ZINC mg                     | 1.5       | 15          |
| COPPER mg                   | 0.2       | 2           |
| MANGANESE mg                | 0.4       | 4           |
| IODINE $\mu$ g              | 20        | 200         |
| CHROMIUM $\mu$ g            | 10        | 100         |
| MOLYBDENUM $\mu$ g          | 15        | 150         |
| FLUORIDE mg                 | 0.2       | 2           |
| SELENIUM $\mu$ g            | 10        | 100         |

| VITAMINS AND OTHER NUTRIENTS*          | Per 100ml     | Per 1000ml  |
|--|---------------|-------------|
| VITAMIN A $\mu$ gRE                    | 138           | 1380        |
| of which $\beta$ - carotene $\mu$ g RE | 33            | 330         |
| VITAMIN D $\mu$ g                      | 2             | 20          |
| VITAMIN E mg $\alpha$ TE               | 2             | 20          |
| VITAMIN K $\mu$ g                      | 10            | 100         |
| THIAMIN mg                             | 0.2           | 2           |
| RIBOFLAVIN mg                          | 0.26          | 2.6         |
| NIACIN mg                              | 1.3(2.3mg NE) | 13(23mg NE) |
| VITAMIN B <sub>6</sub> mg              | 0.24          | 2.4         |
| VITAMIN B <sub>12</sub> $\mu$ g        | 0.4           | 4           |
| PANTOTHENIC ACID mg                    | 0.7           | 7           |
| BIOTIN $\mu$ g                         | 7.5           | 75          |
| FOLIC ACID $\mu$ g                     | 40.5          | 405         |
| VITAMIN C mg                           | 10            | 100         |
| CHOLINE* mg                            | 55            | 550         |

| TYPICAL FATTY ACID PROFILE                 | g Per 100ml |
|--|-------------|
| C14 Myristic acid                          | 0.02        |
| C16 Palmitic acid                          | 0.2         |
| C16:1 $\omega$ -7 Palmitoleic acid         | 0.02        |
| C18 Stearic acid                           | 0.08        |
| C18:1 $\omega$ -9 Oleic acid               | 2.6         |
| C18:2 $\omega$ -6 Linoleic acid            | 0.65        |
| C18:3 $\omega$ -3 $\alpha$ -Linolenic acid | 0.24        |
| C20:5 $\omega$ -3 Eicosapentaenoic acid    | 0.03        |
| C22:6 $\omega$ -3 Docosahexaenoic acid     | 0.02        |

| TYPICAL AMINO ACID PROFILE   | g Per 100ml |
|------------------------------|-------------|
| Histidine                    | 0.18        |
| Isoleucine                   | 0.34        |
| Leucine                      | 0.59        |
| Lysine                       | 0.49        |
| Methionine                   | 0.17        |
| Phenylalanine                | 0.32        |
| Threonine                    | 0.27        |
| Tryptophan                   | 0.06        |
| Valine                       | 0.44        |
| Cysteine                     | 0.02        |
| Tyrosine                     | 0.34        |
| Glycine                      | 0.11        |
| Arginine                     | 0.22        |
| Proline                      | 0.61        |
| Aspartic acid and asparagine | 0.43        |
| Glutamic acid and Glutamine  | 1.33        |
| Alanine                      | 0.19        |
| Serine                       | 0.38        |

| TYPICAL CARBOHYDRATE PROFILE         | g Per 100ml |
|--------------------------------------|-------------|
| Glucose                              | 0.22        |
| Fructose                             | 0.08        |
| Maltose                              | 0.77        |
| Saccharose                           | 0.06        |
| Lactose                              | $\leq$ 0.04 |
| Oligosaccharides and Polysaccharides | 13          |