

FRESUBIN® ENERGY FIBRE TUBE FEED



DESCRIPTION

An unflavoured liquid consisting of protein (milk and soya), fat (rapeseed oil, sunflower oil and fish oil), carbohydrate (maltodextrin), fibre, vitamins, minerals and trace-elements.

PRESENTATION

Nutritionally complete tube feed, with fibre. 1.5kcal/ml energy density with 15% energy from protein. With fish oil. Suitable as a sole source of nutrition. Lactose and gluten free. Presented in a 500ml and 1000ml EasyBag (a 1500ml presentation is available as Fresubin® 2250 complete*).

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE
ENSURE ADEQUATE FLUID INTAKE
MONITOR FEEDING RATE
DO NOT MIX WITH DRUGS
DO NOT USE IF BAG IS DAMAGED OR SWOLLEN OR CONTENT IS COAGULATED

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with increased energy needs and/or fluid restrictions.

Food for Special Medical Purposes.

Prescribable on FPIO/GPIO for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSAGE

To be determined by a healthcare professional according to the patients' needs.

As a guide: Recommendation for complete nutrition ≥1500ml/day (2250kcal/day) which meets the average adult recommended daily requirements for vitamins, minerals and trace elements**

**For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011

STORAGE

Store at room temperature
Once opened use within 24 hours
Shake well before use

SHELF LIFE

15 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 15%
Fat 35%
Carbohydrate 48%
Fibre 2%

ORDER CODES

500ml EasyBag 7082221
1000ml EasyBag 7005231
*Fresubin® 2250 complete 7584241

INGREDIENTS

Water, maltodextrin, vegetable oils (rapeseed oil, high-oleic sunflower oil), edible sodium caseinate (from milk), soya protein, inulin, cellulose fibre, wheat dextrin, potassium citrate, potassium chloride, fish oil, calcium carbonate, emulsifiers (E 471, soya lecithins), choline bitartrate, stabilisers (E 460, E 466), sodium chloride, magnesium oxide, vitamin C, calcium phosphate, ferrous sulphate, zinc sulphate, niacin, vitamin E, manganese chloride, pantothenic acid, thiamin, sodium fluoride, riboflavin, vitamin B₉, cupric sulphate, vitamin A, β-carotene, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, biotin, vitamin K, vitamin D, vitamin B₁₂

NUTRITIONAL COMPOSITION	Per 100ml	Per 1500ml
ENERGY kcal (kJ)	150 (630)	2250 (9450)
PROTEIN g	5.6	84
CARBOHYDRATE g	18	270
Of which sugars g	1.2	18
Of which lactose g	≤0.03	≤0.45
FAT g	5.8	87
Of which saturated fatty acids g	0.5	7.5
Of which monounsaturated fatty acids g	3.9	59
Of which polyunsaturated fatty acids g	1.4	21
Of which EPA and DHA	0.05	0.75
FIBRE g	1.5	23
SALT g	0.25	3.8
WATER ml	76	1140
OSMOLARITY mosmol/l		325

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 1500ml
SODIUM mg (mmol)	100 (4.4)	1500 (65.3)
POTASSIUM mg (mmol)	207 (5.3)	3100 (79.4)
CHLORIDE mg (mmol)	153 (4.3)	2300 (64.8)
CALCIUM mg (mmol)	67 (1.7)	1000 (25.1)
PHOSPHORUS mg (mmol)	53 (1.7)	795 (25.7)
MAGNESIUM mg (mmol)	24 (1)	360 (14.8)
IRON mg	1.3	20
ZINC mg	1.2	18
COPPER mg	0.13	2
MANGANESE mg	0.27	4
IODINE µg	13.3	200
CHROMIUM µg	6.7	100
MOLYBDENUM µg	10	150
FLUORIDE mg	0.13	2
SELENIUM µg	6.7	100

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 1500ml
VITAMIN A µgRE	92	1383
of which β-carotene µg RE	22	333
VITAMIN D µg	1.3	20
VITAMIN E mgα.TE	3	45
VITAMIN K µg	6.7	100
THIAMIN mg	0.13	2
RIBOFLAVIN mg	0.17	2.6
NIACIN mg	1.6 (2.9mg NE)	24(44mg NE)
VITAMIN B ₆ mg	0.16	2.4
VITAMIN B ₁₂ µg	0.27	4
PANTOTHENIC ACID mg	0.47	7
BIOTIN µg	5	75
FOLIC ACID µg	26.7	400
VITAMIN C mg	6.7	100
CHOLINE* mg	36.7	550

TYPICAL FATTY ACID PROFILE	g Per 100ml
C14 Myristic acid	0.02
C16 Palmitic acid	0.29
C16:1 ω-7 Palmitoleic acid	0.02
C18 Stearic acid	0.12
C18:1 ω-9 Oleic acid	3.6
C18:2 ω-6 Linoleic acid	1.0
C18:3 ω-3 α-Linolenic	0.4
C20:5 ω-3 Eicosapentaenoic acid	0.03
C22:6 ω-3 Docosahexaenoic acid	0.02
Ratio ω-6:ω-3	2.2:1

TYPICAL AMINO ACID PROFILE	g Per 100ml
Histidine	0.17
Isoleucine	0.33
Leucine	0.56
Lysine	0.44
Methionine	0.13
Phenylalanine	0.32
Threonine	0.26
Tryptophan	0.08
Valine	0.39
Cysteine	0.05
Tyrosine	0.28
Glycine	0.21
Arginine	0.34
Glutamine and Glutamic Acid	1.25
Proline	0.48
Aspartic acid and asparagine	0.58
Alanine	0.24
Serine	0.36

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.20
Fructose	0.03
Maltose	0.89
Saccharose	0.03
Lactose	≤0.03
Oligosaccharides and Polysaccharides	17

Date of Preparation:
April 2024

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