

## FRESUBIN® ORIGINAL FIBRE TUBE FEED



## DESCRIPTION

An unflavoured liquid consisting of protein (milk and soya), fat (rapeseed oil, sunflower oil, and fish oil), carbohydrate (maltodextrin), fibre (inulin, wheat dextrin and cellulose), vitamins, minerals and trace-elements.

## PRESENTATION

Nutritionally complete 1kcal/ml tube feed with fibre, with fish oil. Suitable as a sole source of nutrition. Presented in a 500ml, 1000ml and 1500ml EasyBag\* (1500ml EasyBag is called Fresubin® 1500 Complete). Lactose and gluten free.

## CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

## PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE

ENSURE ADEQUATE FLUID INTAKE

MONITOR FEEDING RATE

DO NOT MIX WITH DRUGS

DO NOT USE IF BAG IS DAMAGED OR SWOLLEN OR CONTENT IS COAGULATED

MONITOR FEEDING RATE

## INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition.

Food for Special Medical Purposes.

Prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, dysphagia, proven inflammatory bowel disease, following total gastrectomy.

## DOSAGE

To be determined by a healthcare professional according to the patients' needs.

As a guide: Recommendation for complete nutrition  $\geq$ 1500ml (1500kcal) /day which meets the average adult recommended daily requirements for vitamins, minerals and trace elements\*\*

\*\*For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011

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## STORAGE

Store at room temperature

Once opened use within 24 hours.

Shake well before use

## SHELF LIFE

15 months from date of manufacture.

## ENERGY DISTRIBUTION

Protein 15%

Fat 30%

Carbohydrate 52%

Fibre 3%

## INGREDIENTS

Water, maltodextrin, vegetable oils (rapeseed oil, high-oleic sunflower oil), edible sodium caseinate (from milk), soya protein, inulin, cellulose fibre, wheat dextrin, potassium citrate, sodium chloride, calcium carbonate, emulsifiers (soya lecithins, E 471), potassium phosphate, fish oil, stabilisers (E 460, E 466), magnesium chloride, choline bitartrate, calcium phosphate, sodium citrate, vitamin C, magnesium oxide, ferrous sulphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, sodium fluoride, thiamin, riboflavin, vitamin B<sub>6</sub>, vitamin E, cupric sulphate, vitamin A,  $\beta$ -carotene, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, biotin, vitamin K, vitamin D, vitamin B<sub>12</sub>

NUTRITIONAL COMPOSITION	Per 100ml	Per 1500ml
ENERGY kcal (kJ)	100 (420)	1500 (6300)
PROTEIN g	3.8	56.3
CARBOHYDRATE g	13	195
Of which sugars g	0.9	13
Of which lactose g	$\leq$ 0.03	$\leq$ 0.45
FAT g	3.3	50
Of which saturated fatty acids g	0.3	4.5
Of which monounsaturated fatty acids g	2.2	33
Of which polyunsaturated fatty acids g	0.8	12
Of which EPA & DHA g	0.03	0.45
FIBRE g	1.5	23
SALT g	0.33	5
WATER ml	84	1260
OSMOLARITY mosmol/l		285

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 1500ml
SODIUM mg (mmol)	133 (5.8)	2000 (86.9)
POTASSIUM mg (mmol)	155 (4)	2325 (59.4)
CHLORIDE mg (mmol)	153 (4.3)	2295 (64.8)
CALCIUM mg	80 (2)	1200 (30)
PHOSPHORUS mg	63 (2)	945 (30.5)
MAGNESIUM mg	25 (1)	375 (15.5)
IRON mg	1.3	20
ZINC mg	1.2	18
COPPER mg	0.13	2
MANGANESE mg	0.27	4
IODINE $\mu$ g	13.3	200
CHROMIUM $\mu$ g	6.7	100
MOLYBDENUM $\mu$ g	10	150
FLUORIDE mg	0.13	2
SELENIUM $\mu$ g	6.7	100

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 1500ml
VITAMIN A $\mu$ gRE	92	1383
of which $\beta$ - carotene $\mu$ g RE	22	333
VITAMIN D $\mu$ g	1.3	20
VITAMIN E mg $\alpha$ TE	1.3	20
VITAMIN K $\mu$ g	6.7	100
THIAMIN mg	0.13	2
RIBOFLAVIN mg	0.17	2.6
NIACIN mg	1.6(2.4mg NE)	24(36mg NE)
VITAMIN B <sub>6</sub> mg	0.16	2.4
VITAMIN B <sub>12</sub> $\mu$ g	0.27	4
PANTOTHENIC ACID mg	0.47	7
BIOTIN $\mu$ g	5	75
FOLIC ACID $\mu$ g	26.7	400
VITAMIN C mg	6.7	100
CHOLINE* mg	36.7	550

TYPICAL FATTY ACID PROFILE	g Per 100ml
C14 Myristic acid	0.01
C16 Palmitic acid	0.15
C16:1 $\omega$ -7 Palmitoleic acid	0.01
C18 Stearic acid	0.06
C18:1 $\omega$ -9 Oleic acid	2.10
C18:2 $\omega$ -6 Linoleic acid	0.54
C18:3 $\omega$ -3 $\alpha$ -Linolenic acid	0.22
C20:5 $\omega$ -3 Eicosapentaenoic acid	0.02
C22:6 $\omega$ -3 Docosahexaenoic acid	0.01
Ratio $\omega$ -6:- $\omega$ 3	2.2:1

TYPICAL AMINO ACID PROFILE	g Per 100ml
Histidine	0.11
Isoleucine	0.22
Leucine	0.37
Lysine	0.29
Methionine	0.08
Phenylalanine	0.21
Threonine	0.17
Tryptophan	0.05
Valine	0.26
Cysteine	0.04
Tyrosine	0.19
Glycine	0.14
Arginine	0.23
Glutamine & Glutamic Acid	0.83
Proline	0.32
Aspartic acid and asparagine	0.39
Alanine	0.16
Serine	0.24

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.14
Fructose	0.03
Maltose	0.64
Saccharose	0.03
Lactose	$\leq$ 0.03
Oligosaccharides and polysaccharides	12

Date of Preparation:  
March 2024

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