

SLT Referral For Swallow Assessment of Nursing Home Residents

Resident Name	
Resident DOB	
Nursing Home name	
Name of referrer and job title	
Date of referral	
Telephone number	
Email address	
Medical History	

Consent	The resident has consented to this referral
Please select as appropriate:	The referral has been made in the resident's best interests

Is the resident taking any medication that is affecting their swallow?	Yes	No
*If Yes, please state what form:		
Or causing the following:		
Drowsiness	Yes	No
Dry mouth	Yes	No

Current diet and fluid regime	Oral feeding/drinking	PEG/RIG	PEG/RIG + Oral
Method of intake:			

Current swallow recommendations

Never previously assessed

If previously assessed: SLT name:

Date:

FOOD	LIQUID
Level 7: Regular	Level 0: Thin
Level 7a: Regular Easy to Chew	Level 1: Slightly Thick
Level 6: Soft and Bite-Sized	Level 2: Mildly Thick
Level 5: Minced and Moist	Level 3: Moderately Thick
Level 4: Pureed	Level 4: Extremely Thick
Level 3: Liquidised	

Clinical indicators that SLT assessment is required:

Please select:

- | | |
|------------------------|--|
| Difficulty chewing | Drooling of saliva |
| Coughing on fluids | Holding fluid/food in the mouth |
| Coughing on food | Choking on food (airway fully/partially obstructed) |
| Nasal regurgitation | Choking on fluid (airway fully/partially obstructed) |
| Prolonged feeding time | Recurrent chest infections |
| Spillage of drinks | Requires backslaps/abdominal thrusts when choking on food and fluids |

Is the Dietitian involved?	Yes	No
Is there a history of weight loss?	Yes*	No
*If so please document weight, BMI and MUST:		
Is the patient currently eating with acknowledged risk*	Yes	No
Is this patient receiving End of Life care?	Yes	No

*Risk feeding is the term used when a patient continues to eat and drink orally despite risks [RCSLT], 2005)

For residents not following SLT recommendations

Please select:

Does the resident have capacity, i.e. can understand, weigh up and communicate (verbally or non-verbally) the risks of not following recommendations	Yes	No
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NB All health professionals are qualified/have a duty to assess capacity

- If the resident has capacity, it is their right to decline the recommendations. Document your assessment and the resident's decision clearly in care plan.
- If the resident does not have capacity then the nursing home needs to make/facilitate a 'best interest' decision (involve GP if necessary).

By sending this referral I understand:

The resident (or referrer if the resident is unable to give informed consent) understands & acknowledges that their personal information will be securely used, stored and shared in order to provide ongoing clinical care.

- The information obtained by this form will be used for the purposes of therapeutic assessment only and will not be used by any other party. For more information on how we use this data please [click here](#).
- This is not an emergency service.
- Assessments may be carried out remotely or in house, as decided by the SLT following triage of the referral.
- Incomplete referrals will be returned and may delay assessment time.

Referrer name:

Date:

Please review the form before signing.

Save this form and send it to:

SLTreferrals@fresenius-kabi.ie