



Why switch to **THICK & EASY™ CLEAR**





Helping your patients with dysphagia get the hydration and nutrition they need

Here are 3 great reasons to switch to **Thick & Easy™** Clear

Good nutrition and hydration is vital for your patients and we want to make it as easy as possible for them to enjoy a healthy, balanced diet. **Thick & Easy™** Clear is designed to help them do just that.



Safety

Thick and Easy™ Clear has been aligned to match the correct viscosity at IDDSI* Levels 1-4. **Amylase Resistant** - to promote safe swallowing the viscosity of the thickened product remains stable even during contact with saliva.



Compliance



Versatile

- **Thick & Easy™** Clear can also be used to thicken puréed food, offering patients a smooth, cohesive, palatable and acceptable texture.
- It mixes well with a range of liquids.
- It is also freeze-thaw stable.

Appealing

- Clear, tasteless results which supports thickening liquid and pureed food in the most appetising way.

Convenient

- Remains stable over 24 hours* so can be made up in larger volumes in advance so it's ready when you need it

*Long term stability data over 24 hours carried out with bottled water



Seamless Transition

Working closely with healthcare providers, Fresenius Kabi can provide a seamless transition for your patients from their previous food and drink thickener to **Thick & Easy™** Clear.



Training and support for healthcare providers and patients



Letters for GPs



Template letters to communicate change and initiate prescription change



Posters and ward reference guides

Thick & Easy™ Clear has been aligned to match the correct viscosity at every IDDSI* Levels 1-4.

IDDSI Level	Volume of liquid	Scoops *†
1. Slightly Thick	200ml	1
2. Mildly Thick	200ml	2
3. Moderately Thick	200ml	3
4. Extremely Thick	200ml	6

* Scoop size = 1.4g † Based on water

* International Dysphagia Diet Standardisation Initiative www.iddsi.org

Thickening liquids with **Thick & Easy™** Clear



Step 1

Add level number of scoop(s) of thickener into empty, dry glass.



Step 2

Measure the specified amount of liquid.



Step 3

Add liquid quickly while stirring briskly with a whisk or fork, until dissolved.



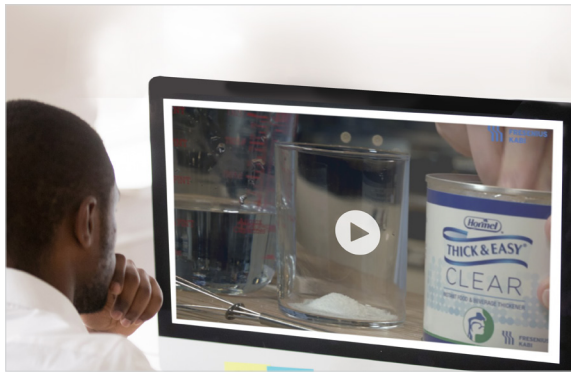
Step 4

Leave to stand for 2-3 minutes.



Digital resources for healthcare professionals (HCPs) & patient resources

Thick & Easy™ Clear Videos

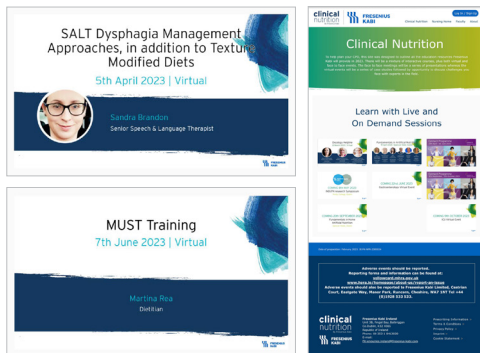


IDDSI Levels Tear Off Pads



GP Request Card

Education HCP Webinars



Thick & Easy™ Patient Discharge Pack

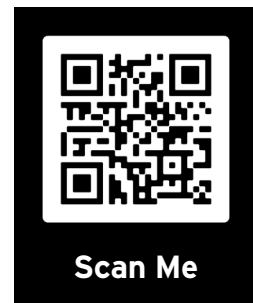


Dysphagia E-Learning Module



Why switch to Thick & Easy™ Clear.

- 1 Safety**
- 2 Compliance**
- 3 Seamless Transition**



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