



**FRESENIUS
KABI**
caring for life



Fresubin® 2 kcal Crème

Patient Information



Product information



PRESENTATION: Fresubin 2kcal Crème is a dessert style nutritionally complete, high calorie (2kcal/g), high protein (20% energy) thickened/spoonable oral nutritional supplement, fibre free. Fresubin 2kcal Crème is ready to use and presented in a 125g pot in five flavours: Vanilla, Wild Strawberry, Cappuccino*, Chocolate** and Praline.

*Cappuccino flavour contains traces of caffeine (0.65mg/100ml) . **Chocolate flavour contains traces of fibre from cocoa.

CONTRA-INDICATIONS: For enteral use only. Not suitable where enteral nutrition is not permitted. Not suitable for children under three years old. Not suitable for patients with galactosaemia.

PRECAUTIONS: Should only be used under medical supervision. Use with caution for children under six years of age. Ensure adequate fluid intake.

DOSAGE: Should be calculated by a clinician or dietitian according to individual requirements. Recommendation for supplementary nutrition 3-4 cups (750-1000kcal)/ day, for complete nutrition 7-8 cups (17500-2000 kcal)/ day.

STORAGE: Store in a cool (15- 25°C) dry place, away from direct sunlight. Once opened, can be stored for up to 24 hours in a refrigerator. Best served chilled. Stir gently before enjoying.

Packed under controlled atmosphere.

INGREDIENTS

Vanilla

Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), flavouring, maize starch, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E471, soya lecithin), vit. C, sodium citrate, sodium chloride, acidity regulator (E501), magnesium oxide, iron pyrophosphate, zinc sulphate, colour (E160C), niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₉, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Wild Strawberry

Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), flavourings, maize starch, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E471, soya lecithin), vit. C, sodium citrate, sodium chloride, beetroot powder, acidity regulator (E501), magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₉, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Cappuccino

Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), flavourings, maize starch, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E471, soya lecithin), vit. C, sodium citrate, sodium chloride, acidity regulator (E501), magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₉, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Praline

Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), flavourings, maize starch, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E471, soya lecithin), vit. C, sodium citrate, sodium chloride, acidity regulator (E501), magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₉, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Chocolate

Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), chocolate powder (cocoa powder, sugar, fat reduced cocoa powder, soya lecithin, flavouring), maize starch, fat reduced cocoa powder, maltodextrin, potassium citrate, flavourings, thickeners (E1442, E407), emulsifiers (E471, soya lecithin), vit. C, sodium citrate, colour(E153), sodium chloride, acidity regulator (E501, E500), iron pyrophosphate, zinc sulphate, niacin, magnesium oxide, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₉, β-carotene, vit. A, folic acid, sodium molybdate, chromium chloride, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Nutritional Composition	Per 100g	Per 125g pot
Energy kcal (kJ)	200 (840)	250 (1050)
Protein g	10	12.5
Carbohydrate g	22.5/22.4*	28.1/28*
Of which sugars g	13.4/13.5**/11.0**	16.7/16.9*/13.8**
Of which lactose g	<0.5	<0.6
Fat g	7.8	9.75/9.8*
Of which saturated fatty acids g	0.55/0.67*	0.69/0.84*
Of which polyunsaturated fatty acids g	1.4/1.32*	1.75/1.65*
Of which monounsaturated fatty acids g	5.84/5.8*	7.3
Fibre g	0/0.3*	0/0.4*
Salt g (Na x 2.5)	0.16/0.21*	0.20/0.26*
Water ml	58/57*	72.5/71.3*

Minerals and Trace Elements

Sodium mg (mmol)	65 (2.8)/82 (3.6)*	81 (3.5)/103 (4.5)*
Potassium mg (mmol)	167 (4.3)	209 (5.4)
Chloride mg (mmol)	62 (1.8)/62 (1.7)*	76 (2.2)/78 (2.2)*
Calcium mg (mmol)	196 (4.9)/205 (5.1)*	245 (6.1)/256(6.4)*
Phosphorus mg (mmol)	125 (4.0)	156 (5.1)
Magnesium mg (mmol)	16 (0.7)	20 (0.8)
Iron mg	2.5	3.13
Zinc mg	2	2.5
Copper µg	375	469
Manganese mg	0.5	0.63
Iodine µg	37.6	47
Chromium µg	13	16.3
Molybdenum µg	18.8	23.5
Fluoride mg	0.25	0.30
Selenium µg	14	17.5

Vitamins

Vitamin A µgRE	213	266
Of which β-carotene µgRE	62.5	78
Vitamin D ₃ µg	5	6.25
Vitamin E mgαTE	3.75	4.69
Vitamin K ₁ µg	21	26.3
Vitamin B ₁ mg	0.3	0.38
Vitamin B ₂ mg	0.4	0.5
Niacin mg (mgNE)	2.0 (3.75mg NE)	2.5(4.69mg NE)
Vitamin B ₆ mg	0.43	0.54
Vitamin B ₁₂ µg	0.75	0.94
Pantothenic acid mg	1.5	1.88
Biotin µg	9.4	11.8
Folic acid µg	62.5	78.1
Vitamin C mg	18.8	23.5

*Chocolate Flavour

** Vanilla Flavour